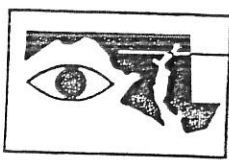


WESTERN MARYLAND EYE SURGICAL CENTER

PRE-OPERATIVE INSTRUCTIONS

- Please wear a button down shirt or blouse the day of surgery.
- Bring an extra shirt or blouse with you in case we get the one you are wearing wet. This happens more often when we operate on the left eye.
- Please do not eat anything after midnight on the night before surgery. You may have clear liquids up to two hours prior to your procedure.
- Please do not consume anything containing caffeine on the morning of the procedure.
- Please do not wear any jewelry except your wedding ring.
- Please do not wear any makeup on the day of surgery.
- Please be sure to pick up your prescriptions for drops prior to the day you are to start using them.
- A nurse will call you prior to your surgery date to review your medications and will inform you about which ones you may take on the morning of surgery and which ones you should withhold until afterward.
- REFER TO YOUR EYE DROP SCHEDULE—
 - ❖ START THE SATURDAY BEFORE SURGERY
 - ❖ ADMINISTER A SET PRIOR TO ARRIVAL FOR SURGERY
 - ❖ STOP DATE OF DROPS IS ON YOUR DROP SCHEDULE
- **PLEASE BE AWARE THAT YOUR ARRIVAL TIME FOR SURGERY MAY CHANGE!**

IF YOU HAVE ANY QUESTIONS, PLEASE CALL OUR OFFICE AT 301-662-3721 AND ASK FOR THE NURSE OR SURGICAL COORDINATOR.



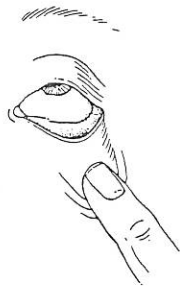
of PHILIP J. MCGANN, MD, PA

1003 W. Seventh St., #400
Frederick, MD 21701
301-662-3721

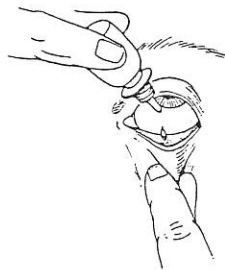
How to insert eyedrops

Putting drops in your eye may seem difficult at first but becomes easier with practice.

- Tilt your head back.
- Pull your lower lid away from the eye to form a "pocket" by:

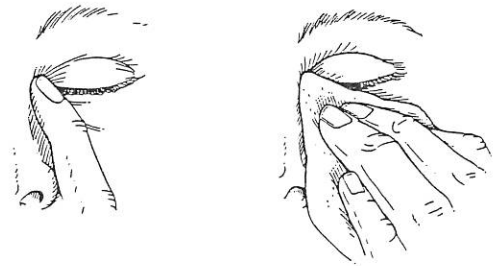


(A) pulling lower lid down with index finger;

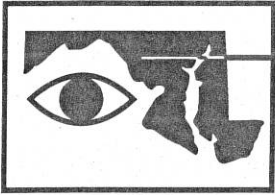


(B) pinching lid outward with thumb and index finger.

- Let the drop fall into the pocket without touching the bottle to your eye or eyelid (to prevent contamination of the bottle).



- Close your eyes (do not blink) and apply pressure to the point where the lids meet the nose. Hold for two to three minutes.
- Before opening your eyes—and **this is very important**—wipe unabsorbed drops and tears from the closed lids with a tissue. Then open your eyes.
- If you need to take more than one kind of eye medication at the same time, wait three to five minutes before using the second drops.



WESTERN
MARYLAND
EYE SURGICAL
CENTER

PHILIP J. McGANN, MD, PA

1003 W. Seventh St., #400
Frederick, MD 21701
Phone #: 301-662-3721
Fax #: 301-631-5668

Dear Patient,

Please note that the time given for your surgery is subject to change. The surgery schedule is not finalized until the day before surgery. The time you have been given is approximate and cannot be guaranteed. It is not uncommon for us to have cancellations on the day prior surgery, causing a shift in scheduled times. You will receive a call from Missy, our Surgical Coordinator by 5pm the day before your scheduled surgery confirming your final arrival time.

Your understanding is greatly appreciated. Please do not hesitate to contact me with any questions or concerns.

Sincerely,

A handwritten signature in cursive script that reads "Dorothy Roberts".

Dorothy Roberts
Practice Administrator
P: 301-662-3721 Ext: 110